ANNUAL REPORT October 1, 2015—September 30, 2016

ADAPTIVE SPORTS NORTHWEST

Our **VISION** is to lead our community to a greater state of health and wellness by nurturing the mind, body and spirt through sports and recreation.

Our **MISSION** is to provide and promote recreational, fitness and competitive opportunities for people with physical disabilities.

2015-16 ASNW **Impact**

969 hours of fitness and sports programming

150 volunteers

399 athletes with physical disabilities

- 4 hosted clinics
- 4 hosted tournaments
- 6 Paralympic medals
- 20 tournaments/meets/ events attended by **ASNW** athletes

From the Executive Director:

Adaptive Sports Northwest is now in our second year under our new name and in our new location. We have continued to grow over the past 34 years and have enhanced the quality of life for 399 athletes this year with adaptive sports programs and clinics.

In addition to our 7 core sports, this year's *firsts* include:

- ♦ Launching of Wheelchair Power Soccer.
- A full team of "preparatory" wheelchair basketball for players aged 7 − 13.
 Track & field season kickoff with a Nike co-hosted Paralympic Track & Field clinic.
- ◆ Our track & field athletes competing in the Madison, Wisconsin, US Junior Nationals.

We are very proud of all our athletes, from our recreational cyclists to our honored Paralympic athletes... Our athletes are who we are.

We ended our fiscal year 2016 saying good-bye to our dynamic youth program manager, Carly Schmidt. As sad as we are to lose Carly, we look to welcoming two new staff members... a new youth program manager and, for the first time ever, an adult program

We look forward to continuing to expand possibilities and we thank our generous community of donors, athletes, volunteers, and sponsors.

Yours in sport, Trísha Suhr

Adin Williams (center) at the Oregon State Swimming Championship meet



Paralympian Jen Armbruster medaled in the Rio Paralympics

BOARD OF DIRECTORS

Executive Board

Kevin Erickson, President

Mike Summerson, V-P

Steve Baczko, Treasurer

Jana McKeown, Secretary

Directors

Jennifer Armbruster

Vicky Aubry-Rayburn

Judi Hall

Laura Ridler

Directors Emeritus

Ed Suhr

Will Groulx

2015-16 Highlights

Wheelchair Basketball

21 athletes

12 youth and 9 adults

60 program hours

5 tournaments

Wheelchair Rugby

15 athletes

24 program hours

5 tournaments

Goalball

7 athletes

50 program hours

3 tournaments

Swimming

8 athletes

28 program hours

Track & Field

12 athletes

14 program hours

7 tournaments

Adaptive Kayaking

8 athletes

30 program hours

Handcycling

150 athletes

24 program hours

◆ The **2016 Rio Paralympics** inspired us all:

- ◆ ASNW athletes Jennifer Armbruster, Asya Miller and Eliana Mason of the Rose City Thorns <u>Goalball</u> team competed on the USA Goalball team and won the *Bronze* Medal at the Rio Paralympics.
- ASNW athlete and Board of Director Emeritus, Will Groulx, won a Gold and a Silver Medal in his first <u>Handcycling</u> competition at the Rio Paralympics. His sponsor, Bridgestone America donated \$10,000 to ASNW on behalf of Will.
- ◆ ASNW athlete Seth McBride helped the USA Wheelchair <u>Rugby</u> team win a Silver Medal at the Rio Paralympics.
- Portland Piranhas' youth <u>Swim</u> team member Adin Williams swam in the Oregon School Activities Association High School state championship meet swim meet, placing first in all events.
- We hosted our first <u>Power Soccer</u> clinic with 9 athletes ready to compete.
- ◆ The <u>Track & Field</u> program grew:
 - ◆ 7 athletes attended five statewide Track Town meets.
 - 6 athletes attended the US Junior Nationals in Wisconsin.
 - 7 athletes competed at the US Olympic Track & Field exhibition in Eugene.
 - ◆ 40 athletes attended a US Paralympic/Nike/ASNW co-hosted clinic.
 - ♦ Athlete Kayla Bolnick was awarded "Sports 'N Spokes" Junior Athlete of the Year at the Adaptive Sports USA Junior Nationals in Wisconsin.
- We launched the Junior Wheelchair "Prep" **Basketball** team for 7-12 year-olds.
- ◆ The **Portland Wheel Blazers** won the 2016 President's Cup Tournament.



ASNW athlete Zabe says :

"The wheelchair basketball program has given me health — both physically and mentally. It's taught me how to be a leader on and off the court."



ASNW athlete Kayla (in front) says:

"The best part of ASNW sports is being part of a team family—my team mates help me get better in sport and keeps up my spirits."











Financial Summary

October 1, 2015—September 30, 2016

SPONSORS

- Oregon Sports Action \$15,000
- Comcast \$5,000
- O'Donnell, Clark & Crew \$5,000
- Performance Mobility \$2,500
- S & D Engineering \$2,500
- Structured Communications \$2,500
- Providence Health & Services
 \$2.000
- George Fox University Physical Therapy Department \$1,000
- Seven Corners Cycles \$1,000

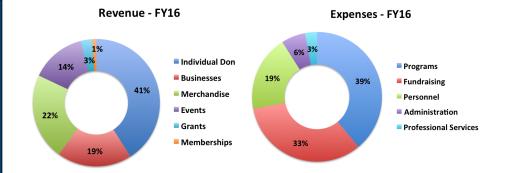
GRANTS

- ♦ Autzen Foundation \$3,000
- ◆ Craig Neilsen Foundation \$25,000
- ♦ Multnomah Athletic Foundation \$3.000
- ♦ Portland Timbers Community Fund \$2,500
- ◆ Portland Trail Blazers 2016-18 Community Partnership
- ♦ State Farm Insurance \$1,000

Individual donors: 245

The Portland Pounders Rugby team provide exciting action





Total income for the 2015-16 fiscal year was \$332,000 and the total expenses were \$304,800.

For more financial details, please contact Executive Director Trisha Suhr at 503-241-0850 or trisha@adaptivesportsnw.org.





PORTLAND





Seth McBride competed on the USA Wheelchair Rugby team at the Rio Paralympics and won a Silver Medal



ASNW participated in a Track & Field Clinic co-hosted by US Paralympics and Nike



ASNW Rose City Thorns athletes played Goalball on the Rio US Paralympic Team - and won a Bronze medal

Contact Us

For more information about **Adaptive Sports Northwest** programs and services:

- Give us a call: 503-241-0850
- Visit our website: www.adaptivesportsnw.org
- Write to us: trisha@adaptivesportsnw.org
- Follow us on Facebook: https://www.facebook.com/AdaptiveSportsNW/
- Visit us: 4840 SW Western Avenue, Beaverton OR 97005

2015-16 Sporting Events

ASNW Hosted Clinics		<u>Athlet</u>
March	Track & Field US Paralympic/Nike/ASNW co-hosted	40
May	Sitting Volleyball ASNW/CAF/Nike co-hosted	30
June	Adaptive Bike Clinic	30
September	Power Wheelchair Soccer	10

ASNW Hosted Tournaments

January Bridge City Classic Wheelchair Basketball Tournament
January Portland Wheelchair Rugby Invitational Tournament
February Cascade Classic Goalball Tournament
March Cascade Classic DII & Collegiate Goalball Tournament



The ASNW Portland Wheel Blazers won the February 2016 President's Cup Tournament in Tacoma, Washington