



**ASNW Athletes Code of Conduct**

The purpose of this code of conduct is to always promote the best possible team and individual impression, and to acknowledge each athlete’s individual responsibility to the team. Athletes will demonstrate a growth mindset during ASNW activities and will encourage others around them with positivity. Each athlete must read and sign this code of conduct, agreeing to the articles within, to participate as a member of any ASNW team.

- 1. Athletes will not use drugs or alcohol while at ASNW competitions and practices.
- 2. Athletes are expected to be on time for all events, practices, games, or team functions.
- 3. Athletes are expected to call or make every effort necessary to get in touch with the coach if they cannot attend.

**Travel**

- 1. Athletes will attend all team functions including meetings, warm-ups, practices, competitions, team meals, etc., unless excused or instructed by a coach.
  - 2. There will be no mixing of minor and adult athletes in ASNW lodging accommodations.
  - 3. Curfews established by the coaches will be followed.
- 4. Athletes will refrain from any illegal or inappropriate behavior that will distract from competitions or reflect negatively on ASNW.
  - 5. Athletes will display proper attitude, respect, and sportsmanship towards coaches, officials, fellow competitors, event staff, and the public.
  - 6. Athletes must maintain all equipment and uniforms provided by ASNW and understand that all equipment and uniforms provided by ASNW must be returned when the player’s season is complete.
  - 7. Proper attire must be worn, and athletes must dress responsibly and maintain personal hygiene.
  - 8. Any damage or loss to public or private property will be paid for by those people responsible for the damage or loss that occurs. Parents are responsible for their children’s financial obligations.
  - 9. Athletes will follow the ASNW Expectations for teams and coaches. This is individual to each team and will be reviewed with your team by your team’s coaches and ASNW staff.
  - 10. If you are a student athlete your primary goal is to obtain an education and earn a high school diploma. While time commitments are demanding during your athletic season, you should never lose sight of the goal of completing the requirements needed to graduate. Maintaining a positive GPA comes first.
  - 11. All coaches’ decisions are final. Team members have the right to appeal decisions to the ASNW staff for review.
  - 12.\*\*\*If your sport has a National Governing Body (NGB) those codes of conduct apply as well. Any additional codes for the team will be established as needed.

**IMPLEMENTATION:**

I have received the Athlete’s Code of Conduct for Adaptive Sports Northwest. By signing this document, it is acknowledged that I have read it, understand it, and am willing to abide by the codes listed within. By signing this document, it is further acknowledged that I am a representative of ASNW, and my sports team and I agree to conduct myself with honesty, integrity, and exemplary behavior. Furthermore, I understand that violation of any of the codes can/will result in disciplinary action which may include suspension or removal from the team and immediate return home (at parents’/athlete’s expense).

\_\_\_\_\_  
Athlete’s Name (please print)

\_\_\_\_\_  
IF MINOR: Parent(s) Name (please print)

\_\_\_\_\_  
Athlete’s Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
IF MINOR: Parents(s) Signature

\_\_\_\_\_  
Date