ANNUAL REPORT October 1, 2014—September 30, 2015

ADAPTIVE SPORTS NORTHWEST

Our **VISION** is to lead our community to a greater state of health and wellness by nurturing the mind, body and spirt through sports and recreation.

Our **MISSION** is to provide and promote recreational, fitness and competitive opportunities for people with physical disabilities.

2014-15 ASNW
By The Numbers

700+ hours of fitness and sports programming

130 volunteers

350+ athletes with physical disabilities

From the Executive Director:

Formerly Oregon Disability Sports, we are now proudly Adaptive Sports Northwest! In September 2015, we changed our name to more accurately encompass *who* we serve and better describe *what* we do. Our growing body of over 350 "local" athletes come from as far away as Centralia, WA and Coos Bay, OR. Our sports are adapted to meet the sporting and recreational needs of those with physical disabilities. *Our athletes are who we are.*

We have seen incredible change and growth since our inception in 1982. This growth is thanks to the wonderful community partnerships that have developed to help Adaptive Sports Northwest create powerful and life-changing programs for our athletes and their families. You can see the fruits of these partnerships here in this annual report.

I am proud of our organization's and our athletes' accomplishments this past year and I am looking forward to new opportunities and continued growth in the year to come!

Adaptive Sports Northwest....We activate personal possibilities! Trisha Suhr



Junior Wheel Blazer Basketball Team, with volunteer coaching staff.

BOARD OF DIRECTORS

Executive Board

Kevin Erickson, President Ed Suhr, Vice President David Harmon, Treasurer Sarah Larsen, Secretary

Directors

Jennifer Armbruster Corey Cartwright Will Groulx Judi Hall











2014-15 Highlights

- Changed our name from Oregon Disability Sports to Adaptive Sports Northwest.
- Moved our offices into a bigger location in September 2015 that meets our growing need for storage and operations.
- Co-hosted the nation's first ever collegiate goalball tournament with Portland State University.
- Both adult & junior basketball teams (The Portland Wheel Blazers & Junior Wheel Blazers) qualified for, and competed, in the NWBA National Championship Tournament—a first for us and first in the State!
- Began year-round adaptive kayaking program.
- Hired a part-time development manager.

Wheelchair Basketball

26 athletes (16 youth, 10 adults)

144 contact hours

7 tournaments (WA, OR, CA, KY)

5 demonstration events

Wheelchair Rugby

14 athletes

72 contact hours

4 tournaments (WA, OR, ID, Canada)

3 demonstrations events

Goalball

6 athletes

64 contact hours

6 tournaments (WA, OR, UT, NJ, MI)

Swimming

10 athletes

20 contact hours

2 swimmers competed at Oregon City Swim Meet

Track & Field (Athletics)

5 athletes

16 contact hours

1 athlete qualified for US Classification and competed at US Nationals

Adaptive Kayaking

5 athletes

24 contact hours

Handcycling

126 athletes

24 contact hours

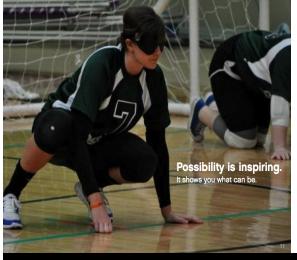
Keep On Moving! (fitness)

17 athletes

18 contact hours



Portland Pounders wheelchair rugby



"The sport
programs at
ASNW have
helped me focus
on what I am
capable of, instead
of what I am not
capable of."

Rose City Thorns play Goalball—a sport for the visually impaired

Financial Summary

October 1, 2014—September 30, 2015

SPONSORS

MVP Sponsor - \$10,000

Oregon Sports Action

All Star Sponsor - \$5,000

O'Donnell, Clark & Crew

1st Team Sponsor - \$2,500

S&D Engineering

Performance Mobility

Rehabilitation Medicine Associates

Structured Communications

2nd Team Sponsor - \$1,000

7 Corners Cycles

Nike Ability* Network

Varsity Sponsor - \$500

Erickson Law & Mediation, LLC

Foundation Grants

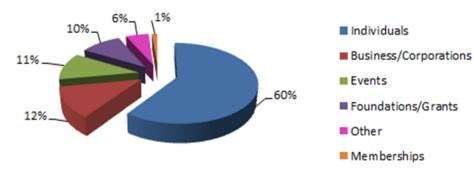
The Portland Trail Blazers \$15,000

The Multnomah Athletic Foundation \$3,000

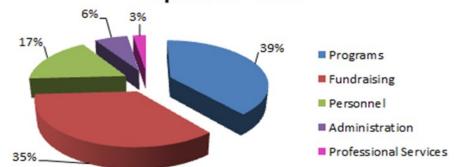
The Autzen Foundation \$3,000

Individual Donors: 273





Expenses - FY15



Total income for the 2014-15 fiscal year was \$242,828.56 and the total expenses were \$267,408.40.

For more financial details, please contact Executive Director Trisha Suhr at 503-241-0850 or trisha@adaptivesportsnw.org.

Our Portland Piranhas swim team.



2014-15 Sporting Events

ASNW Hosted Clinics

10/11/2014	Paratriathlon Clinic	3 participants
5/31/2015	Adaptive Bike Clinic	47 participants
8/17/2015	Youth Sports Camp	6 participants
9/13/2015	Adapt Preseason Training Clinic	10 participants

ASNW Hosted Tournaments

November 2014 Bridge City Classic Wheelchair Basketball Tournament

January 2015 Portland Wheelchair Rugby Invitational Tournament

February 2015 Cascade Classic Goalball Tournament

March 2015 Cascade Classic DII & Collegiate Goalball Tournament

September 2015 Cascade Classic Youth Goalball Tournament

Other ASNW Events

A Celebration of Sport Dinner and Fundraiser (October 2015) 2015 Athlete & Volunteer Awards Luncheon (May 2015) Hood To Coast Relay Team (August 2015)

Portland Pounders hosted the 18th Annual Wheelchair Rugby Tournament that attracted teams from Washington, California, Nevada, Oregon, Idaho and Canada.



Contact Us

For more information about Adaptive Sports Northwest programs and services:

- Give us a call: 503-241-0850
- Visit our website: www.adaptivesportsnw.org
- Write to us: trisha@adaptivesportsnw.org
- Follow us on Facebook: https:// www.facebook.com/ AdaptiveSportsNW/
- Come visit us:
 4840 SW Western Avenue
 Beaverton OR 97005

Track & Field is a new sport for us.



Program & Event Sponsors

- ♦ Adventures Without Limits
- ♦ eNRG Kayaking
- ♦ Incight
- ♦ Multnomah Athletic Club
- ♦ Performance Mobility
- ♦ Portland State University
- ◆ Providence Health Systems
- ◆ Shriners Hospital for Children
- ♦ Team River Runner, PDX

Dedicated Donors

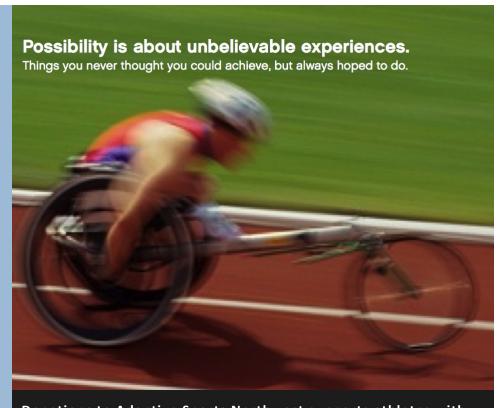
- ♦ Adapt Advance
- ♦ Aloha Juice
- ♦ Alpenrose Dairy
- ♦ Duck Delivery
- ♦ Einstein Bagels
- ♦ Franz Bakery
- **♦** Lays
- **♦** NuMotion
- ♦ Olive Garden
- ♦ Performance Mobility
- ♦ Stumptown Coffee
- ♦ Ted's Mobility
- ♦ Willamette Egg Farms

Join us!

- ♦ Become an athlete
- ♦ Become a volunteer
- ♦ Become a sponsor
- ♦ Become a donor

Adaptive Sports Northwest 4840 SW Western Avenue Beaverton OR 97005

503-241-0850



Donations to Adaptive Sports Northwest supports athletes with <u>access</u> to loaner sport wheelchairs and racing chairs, sport equipment, certified recreational coaches, and safe facilities to practice and play recreational and competitive sports.

Our impact on an athlete

Ezra is a bright and energetic 17-year-old with spina bifida. He was homeschooled his whole life and found it hard to make friends.

"Joining the wheelchair basketball team has helped me create many life-long friends. Playing on this team helped my shyness and self-confidence, and helped me become more fit. Through Adaptive Sports Northwest, I learned I'm just as good as anyone else and that I can do it. It has helped me become more competitive — and I'll need that in college and in my career."









